

## 40 Truth Wisdoms

1. To be **trusted** is more important than being loved.
2. An undivided heart is a **trustworthy** heart.
3. **Truth** is the cement of all relationships.
4. One of the simplest things in the world is the plain and simple **truth**.
5. **Truth** is the most valuable of all blessings.
6. **Truth** cannot be judged by statistics.
7. **Truth** is the eye of reason.
8. Lies create ignorance - **truth** creates enlightenment.
9. The greatest honor we can pay to **truth** is to use it.
10. There is not a better heaven than when love and **truth** are one.
11. Every omission of **truth** is but a violation to all mankind.
12. **Truth** is as **truth** does.
13. A **truth** that one does not comprehend becomes an error in judgement.
14. Our true heart only hears the **truth**.
15. Do not be swayed – stand up for **truth**.
16. A half-**truth** is a whole lie.
17. It is not difficult to plant new **truths**, as they root out old lies.
18. The withholding of **truth** is as deceptive as a direct lie.
19. We must never swallow **truth**, we must feed on it.
20. **Truth** is the ship on which our soul sails.

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21. Only **truth** creates transfigurations.
22. No heart can heal without the **truth**.
23. **Truth** held back is poison to our system.
24. **Truth** comes from knowledge, honesty comes from feelings.
25. Peace is only possible through **truth**, for there is nothing more powerful.
26. Speaking, searching and seeking the **truth** are our noblest character traits.
27. Judging another is **truth's** greatest adversary.
28. Attachment feeds lies.
29. If we want our children to be whole, never tell them half-**truths**.
30. Shame is birthed from deception as deception is birthed from shame.
31. A **truth** may hurt for a moment but it will help for a lifetime.
32. **Truth** has no country; it is universal.
33. A 'little white lie' blackens **trust**.
34. Principles are birthed from the passion for **truth**.
35. From our **true** words our **true** freedom blossoms.
36. **Truth** comes from our heart not our head.
37. Understanding and authenticity are the gifts from **truth**.
38. Do not be afraid to speak **truth**; be more afraid not to speak it.
39. Our spirit and soul can only breathe in **truth**.
40. To be in **truth**, we must live our **truth**.

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