

40 Knowing Peace Wisdoms

1. Knowing to stay courageously calm amidst calamity.
2. Knowing hatred will never cease hatred.
3. Knowing that only love can heal the wounds of the world.
4. Knowing that we are the greatest victors by conquering our ego.
5. Knowing that we purify our minds by cultivating good.
6. Knowing that fools who think they are fools are indeed very wise.
7. Knowing that death is but an earlier heaven.
8. Knowing that humbleness and humility are our best assets.
9. Knowing that counting our blessings is a blessing in itself.
10. Knowing that freedom and forgiveness are Siamese Twins.
11. Knowing to replace attachment with detachment.
12. Knowing that there are things to be accomplished and equally, things to be avoided.
13. Knowing that peace of mind is born from our integrity.
14. Knowing that the principal of everything stems from our principles.
15. Knowing that everyone has the ability to be supremely noble.
16. Knowing that it takes great discipline to feel peaceful.
17. Knowing the difference between ignorance and innocence.
18. Knowing that greediness and selfishness can only lead to despair.
19. Knowing that we live our greatest potential through our compassion.
20. Knowing that our merits are internal, not external.
21. Knowing that our hearts have their own intelligence.

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22. Knowing that success is not to be honored if it is not built on respect.
23. Knowing that a healthy body comes from a tranquil mind.
24. Knowing that jealousy and envy are toxic, not only to others, but more to ourselves.
25. Knowing that the only way to end darkness is to shed light on it.
26. Knowing that truth should not be fooled with.
27. Knowing that to love for the sake of being loved is human; to love for the sake of loving is prophetic.
28. Knowing that giving in order to be praised is not giving; it is taking.
29. Knowing that there is cause and effect to and with everything and everyone.
30. Knowing that everything changes, nothing remains constant.
31. Knowing that our state of mind creates the state of everything.
32. Knowing that all good teachers must continually want to be good students.
33. Knowing that relationships cannot flourish amidst ambivalence.
34. Knowing that the offshoot of patience is steadiness, serenity and sincerity.
35. Knowing that worldly passions create mind disturbance.
36. Knowing that unhappiness is the result of illusions and delusions.
37. Knowing that though we have much to learn, we have more to unlearn.
38. Knowing that never lying keeps our soul from dying.
39. Knowing that it is a serious mistake to think we can change another.
40. Knowing that knowing ourselves is the highest knowledge of all.

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