

40 Transforming Fear Wisdoms

1. **Fear** is an emotion that must be handled before miracles can occur.
2. For those who do not feel **fear**, cannot feel brave.
3. **Fear** can be a trick or **fear** can be a wisdom.
4. Never **fear** to hear.
5. The more we fall, the more we are tall.
6. The road to success is paved with failures.
7. Instead of studying why.....study why not.
8. Stay calm to avoid calamity.
9. A wrong decision is better than an indecision.
10. The **fear** of trying something new makes one old.
11. Bravery is not the absence of **fear**, but the ability to master it.
12. Mistakes are opportunities for growth.
13. **Fear** of failing is ridiculous.
14. Be bold and mighty forces will come to our aid.
15. The biggest mistake is never having tried.
16. Failures can be our biggest teachers.
17. Most things worth doing have been said to be impossible before they were done.
18. Never wait for the ship to come in – go swim to get it.
19. **Fear** is the foundation of foresight.
20. **Fear** is to teach us to analyze – not paralyze us.
21. The only constant thing in life is change – yet it is what people fear most.

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22. **Fear** is the mother of safety.
23. The greater the risk – the grander the reward.
24. Faith is a sword against **fear**.
25. The saddest words at the end of our life are “it might have been or it could have been”.
26. To know what is truth and not say it, is the worst **fear** of all.
27. Know what is right and go straight ahead.
28. Studying our faults leads to our courage.
29. Never be afraid to be moral.
30. Success favors the courageous.
31. When we stop growing – we start dying.
32. Live each day as if it were the last.
33. Freedom is maintained through courage.
34. Life is grand or ghastly – it all depends on how we handle **fear**.
35. The thoughts of scarcity are but an illusion.
36. Each and every dream comes from daring to begin.
37. **Fear** dissipates through understanding.
38. To be or not to be....it all depends on how we handle our **fears**.
39. Life is what we think it will be – so think courageously.
40. Good deeds eradicate **fear**.

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