

Securing Our Serenity

Serenity comes from not basing expectations on anyone but ourselves.

Serenity comes from being affected by everything and reacting to nothing.

Serenity comes from watching our thoughts, as they hold the power.

Serenity comes from realizing that being kind is not always the answer.

Serenity comes from feeling the difference between protecting or defending ourselves.

Serenity comes from following our dreams to their highest point.

Serenity comes from continually seeking knowledge and wisdom.

Serenity comes from knowing that anything that does not work needs to be in review.

Serenity comes from staying in grace, no matter the circumstances.

Serenity comes from our principles and noble character.

Serenity comes from truth and only truth.

Serenity comes from holding ourselves accountable.

Serenity comes from not dwelling in faint heartedness.

Serenity comes from avoiding any kind of corruption.

Serenity comes from birthing our own reality, not dependent on outside forces.

Serenity comes from spending time in nature, or with animals.

Serenity comes from being of service to those less fortunate.

Serenity comes from eliminating narcissism within ourselves.

Serenity comes from finding our purpose and putting it into manifestation.

Serenity comes from wanting the “we” program rather than the “I”.

Serenity comes from analyzing forces which obstruct our spirit.

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Serenity comes from demolishing our arrogance and demonstrating our humility.

Serenity comes from receiving graciously.

Serenity comes from silencing our pessimism and saluting our optimism.

Serenity comes from feeling and speaking our gratitude many times each day.

Serenity comes from never diminishing ourselves.

Serenity comes from facing our fears head on; and then turning our head off.

Serenity comes from harnessing any reason to be happy.

Serenity comes from studying the difference between reality and illusion.

Serenity comes from balancing the lion and the lamb within ourselves.

Serenity comes from living consciously.

Serenity comes from respecting differences.

Serenity comes from welcoming and embracing our destiny.

Serenity comes from standing by our convictions and not conforming to the patterns of the world.

Serenity comes from knowing the difference between reality and illusion.

Serenity comes from feeling inspired and creative.

Serenity comes from making a small difference, with large passion.

Serenity comes from accepting life on life's terms.

Serenity comes from being unique, while being united.

Serenity comes from loving to care.