## The 100<sup>th</sup> Monkey

There is a true and awe inspiring story of the 100th monkey. In 1952, it was documented by researchers that when 100 monkeys on Koshima, a Japanese island started doing something they had never done before, by washing their sweet potatoes, automatically, monkeys from another island, many miles away, started washing their sweet potatoes as well. Also, it was stated that the first monkey to wash the sweet potato was a young 18 month old monkey.

It is such a mystery because these monkeys, who were physically separated and had no apparent means of communicating with each other, somehow passed a new method of eating to the other group of monkeys that were not remotely near them.

This phenomenon proves that a new behavior or idea can spread rapidly, by unexplained means, once 100 members of one group exhibit a new behavior or acknowledge a new idea. Through this, an awareness can actually have the ability to reach critical mass.

There is another relevance to this story, in that each one of us can become the first of the hundred monkeys.

When life gets difficult, as it often does, instead of feeling frustrated, anxious, lonely or challenged, remember the baby monkey. The importance of this miracle is that we all have the power to birth a worldly solution, a new way, and maybe...even a breakthrough to new global consciousness.