

The Viking Runes

Vikings had their own system of writing, called Runes. There were 16 letters to the alphabet. The first runic carvings found were from the year 200 AD. They then grew to 24 letters and each letter has a meaning. Sacred knowledge through initiation was practiced among Rune Masters of old. In ancient times, the Runes and their symbols were employed by warriors committed to conquest.

Odin, the principal of Norse Gods, brought us the Runes. Legend has it that he hung upside down for nine nights on the Tree of the World. Wounded by his own blade, tormented by hunger and thirst, and before he fell, he saw the Runes. The motto for the Runes that were carved were the same words that are above the Oracle at Delphi....know thyself!

The present-day Runes are designed as a handbook for all humans who are on a spiritual quest. They guide one to grow in wisdom, to cultivate a relationship with ourselves, to understand better the path we have embarked upon and help us take that path with knowledge and foresight.

Breakthrough and transformation, quieting the ego and having the courage to boldly go forth are not simple steps. In truth, we can use all the help we can get. The Runes were created to guide us and give us practical guidance. To know more, there are many books and in-depth information concerning the history, meaning and use of the Runes. There are also different Runes packages available for personal use. This was a simple way to bring awareness of this divine tool.



Mannaz – the Self

This Rune represents the first step on the journey to understanding our Self. We must balance our energies, being receptive, yet assertive. Time to be open-minded and open-hearted for what is available is open-ended.

I am finally me for all to see.



Gebo – Partnership

This Rune represents the development of partnerships and communication. There is also a grander union at hand in this Rune. It calls for us to join our lower self with our higher self. In truth, this is the greatest partnership of all.

Looking up magically fills our cup.



Ansuz – Messages and Signals

This Rune represents greater knowledge, which can come from all different places and people. We are called to listen and learn. New wisdom is being brought to us, which can likely come from problems, challenges and adversity.

Make negativity an opportunity through sensitivity.



Othila – Separation

This Rune represent the time to separate from old patterns that do not serve our highest good. This is the door opener to prosperity. We cannot fill what is full, so do not be afraid to empty. This is what will lead us to a much greater life.

Empty to fill – what a thrill.



Uruz – Strength

This Rune represents an opportunity, disguised as loss. However, this loss leads to positive change. Like the fire forging the sword, this Rune is forging a new strength into our lives. After endings, there are beginnings, so do not despair.

What looks good can be bad, what looks bad can be good – so discern we should.



Perth – A Secret Initiation

This Rune represents the unknowable, the secret and the hidden. We need to concern ourselves with the deepest part of our being, as it is the foundation of our destiny. An opportunity is at hand that will broaden our horizons.

A flaming sight - no more being a pilot light – this seems so right.



Nauthiz – Constraint

This Rune represents the 'shadow' side of ourselves, events and others. We must rectify in order to progress. We cannot fix a problem if we do not know what the problem is. Therefore, this Rune is vital to our growth and well-being.

It is our turn to discern and learn.



Inguz – Fertility

This Rune represents a joyous deliverance. It is timely to manifest our unused and unlimited potential. Time to resolve the old and be open to the energy of our existence. New endeavors are at hand, so we must sharpen our awareness.

Time to do our part and fiercely start.



Eiwaz – Defense

This Rune represents obstacles that are in our path. It is time to avert blockages and disruptions. Study possible problems in order to avoid disturbances. Mindfulness and centeredness are being called for and are crucial here.

In order to protect - firmly deflect and wisely select.



Algiz – Protection

This Rune represents events that can cause strong, reactive emotions. We must develop acceptance, so as not to collapse into the crazy, whirling energies. We protect ourselves by remaining wise, calm, centered and emotionally intelligent.

Staying serene so the right way will be seen.



Fehu – Possessions

This Rune represents fulfillment, rewards and prosperity. However, caution is required here not to get caught up in possessions and materialism. Things come and go, but our soul and spirit will remain with us for eternity.

Let's not make a fuss concerning what is outside of us.



Wunjo – Joy

This Rune represents wonderment and success. Everything has fallen into place and we can clearly see where we are going and what we are doing. The time has come where our hard work is paying off and we are truly enjoying life.

We feel relaxed, as we are no longer taxed.



Jera – Harvest

This Rune represents the time of waiting after we have prepared our soil and planted our seeds. However, harvest takes about one year, so patience, contentment and perseverance are being called for.

No rushing, or gushing – just hesitate and cultivate.



Kano – Opening

This Rune represents renewed enlightenment, dispelling the darkness that has been shrouding some part of our life. It is time for us to merge and radiate with our limitless possibilities and universal knowledge.

No more being frightened – just enlightened.



Teiwaz – Warriorship

This Rune represents our spiritual warriorship. The time for watchfulness, perseverance, patience, courage and strength are at hand. All these attributes lead us to our great success that we have so yearned and planned for.

Victorious and glorious.



Berkana – Growth and Rebirth

This Rune represents growth, both symbolically and actually. It can apply to family, community and even the world. It is the time for our mind to be clear and our motives to be pure. We must embrace a clever, fair and firm attitude.

When we are wise and steady – we are always ready.



Ehwaz – Movement

This Rune represents transition and movement. It could apply to new dwelling places, new relationships, new ideas, new patterns or even a new business. We must be flexible and adaptable in order to welcome the newness of our life.

Stay in the groove and get ready to move.



Laguz – Flow

This Rune represents unseen powers that shape and nourish. It is time to immerse ourselves in many new adventures and experiences, even without understanding them. This is the seed for spiritual intensity and amazing growth.

It is surely a sign to realign.



Hagalaz - Disruption

This Rune represents an urgent need to break free from a constricting material reality. It is time to experience a wake-up call, which is stimulated through challenges, struggles and conflicts. This is revolutionary and important.

We come to our senses by breaking through fences, through different lenses.



Raido – Journey

This Rune represents what is above is below. Inner worth is the work and we are on a journey of self-discovery. We must become our own teacher and healer. Through this commitment to ourselves, we explore, express and expand.

We find our voice and gloriously rejoice.



Thurisaz – Gateway

This Rune represents the gateway between heaven and ourselves. This is a Rune of non-action, where we quiet ourselves in order to quicken ourselves. Transforming forces are present, so study the past in order to build a better future.

Contemplate, mediate, illuminate.



Dagaz – Breakthrough

This Rune represents a major shift or breakthrough through the process of self-change, a 180 degree turn. The outcome is assured, so go forth in a warrior mode and radical trust. Get ready to embrace achievement, enlightenment and prosperity.

Find the right play to see life in a completely different way.



Isa – Standstill

This Rune represents ice, therefore it calls for submission, surrender and patience. There is nothing to be done that can change the situation, so acceptance and release are the keys to the thaw.

When frigid – don't get rigid.



Sowelu – Wholeness

This Rune represents self-realization and core individuality. It is viewed as the sun, which is a vital life source. All potential is now available, so it is time to use it in our own creative and unique way. Rise and shine.

To be or not to be – it is completely up to me.



Blank Rune – The Unknowable

This Rune represents the alpha and omega, the beginning and the end. This is the most exciting Rune, as it beckons the creative power of the unknown. We get introduced to our highest good, greatest potential and glorious possibilities.

Let's be frank – this is like a miraculous bank.