

# The Magical Elemental Beings

The elemental beings were first discovered in the 16th century, by Paracelsus, a Swiss alchemist, and physician. He described them as the invisible, spiritual counterparts of visible nature. They are regarded not so much as spirits, but as beings that have physical and humanoid bodies. As well, they have human habits, such as eating sleeping, and wearing clothes just like humans.

The elements of earth, water, air, and fire were classified as the fundamental building block of nature, and each element has a magical being attached to it, that is highly influential in natural philosophy.

The Rosicrucian's claimed to be able to see these elemental beings. However, they claimed that in order to see them, one would have two eyes connected to a universal intelligence that held miraculous curative powers. They are also said to be immortal.

As time went on and humanity started focusing more on the third denser dimension of the material world, these magical beings went into hiding. Eventually, they became unknown to humans because of our undeveloped senses. However, do not think for a moment that they do not exist. Though they are rarely visible, they are still very busy trying to help us and this planet.

The following are the archetypal beings for each of the four elements.

Elements	Beings	Descriptions
Earth	Gnomes	Short
Air	Sylphs	Strong and Rough
Water	Undines	Similar to Humans
Fire	Salamanders	Long and Narrow

## Earth – Gnomes



In earlier times, (768-814 AD), the gnome was an accepted member of society and seen regularly in Europe, Siberia, and Russia. But today, gnomes have been forced to retreat into hidden places and below ground. However, they often make their home in the oak trees. To be protected, gnomes move about during twilight or throughout the night. It is rare to see a gnome wandering about during the day.

A gnome is also known as a dwarf or elf. They keep track of their age through the growth of an acorn planted in the ground under an oak tree on their day of birth. As soon as the tree is large enough, it is marked with runic writing by the parents.

Horses in a stable or meadow will never step on a gnome. Without fear, the gnome can walk about between the horse's legs or even fall asleep under them. They have been known to help all animals, no matter their size. In return, the animals offer help to them.

Gnomes are extremely responsible and have a daily devotion to it. They are very tender with each other and show a tremendous amount of warmth and respect. The harmonious nature of the gnome has become so much a part of their life that they cannot make heads nor tails of human aggression and cruelty. It is quite obvious that we have much to learn from them.

The gifts of the Gnomes are cooperation and peacefulness. They love teamwork and work together in love, harmony, and reverence.

## Air - Sylphs



Sylphs are defined as an air spirit being and is sometimes referred to as a fairy. They take on many forms, including cloud shapes and forms of light. Owing to their rich mythology and imaginative forms, they appear in many rituals, traditions, and cultural objects, from famous poems, to ballet, to video games and wonderful stories.

They are invisible beings that act out the will and spirit of the air. The other elemental beings, when matching the forms and moods of the sylphs reflect the whole picture of mother nature.

Sylphs are different from the elements, in that though they are strong and forceful, they are weak when encountering the ugly, challenging difficulties of this world. They are traditionally female in appearance, beautiful and graceful, with bodies like ballerinas. They vary in size, from insect-sized or even larger, and may or may not have wings.

Sylphs are said to be emotionally clear and direct. They love when the air is clean, so they can easily cut through the challenging baggage we carry. They want to turn our nightmares into fairy tales.

The gifts of the sylph are though they are whimsical and capricious, they are strong where, when, and how they need to be.

## Water – Undines



Undine is derived from the Latin word unda, meaning ‘wave’, which is why they are the elemental beings associated with water. They are also called ‘water nymphs’. Because they are associated with water, they are believed to be mostly female. They are usually found in forest pools and waterfalls. Their beautiful singing voices are sometimes heard over the sound of water.

Though they exist on a plane different from that of humans, they do occupy the same space as us. Hans Christian Andersen’s book ‘The Little Mermaid’ plays on the importance of the Undine.

Undines usually take the form of a beautiful woman whose long hair and gown are made of water, fish-like fins in place of ears, blue eyes, and pale skin that is almost blue.

The Undines came to become heroines for the greater good. They want to cleanse and purify all the negative thought forms and actions, through the use of water. They have been described as wanting to be the ‘shoes to our feet’ and the ‘breath to our lungs’.

The powers of the Undines are healing, the ability to cry, telepathy, speed, shape-shifting, and psychic abilities. They are also emotional but different from the gnome. They cannot and will not and cannot tolerate any violence or betrayal of any nature.

## Fire - Salamanders



In folk tradition, the salamander is said to be invulnerable to fire, as it is born from flames. It is associated with the lizard, which has the ability to remit the light that they absorb. A study finds that this feat is known as bio-fluorescence.

The salamander is also known as a fire bird and these fire birds can burn up evil. They use telepathic magic to generate and manipulate fire, as a way of burning away the darkness that has been created.

The expression “out of the ashes, rises the Phoenix” all has to do with the salamander. This is based on the fact that they represent immortality, rebirth, and passion.

In Aztec mythology, the salamander is the last reincarnation of the God of Fire, who took that form after refusing to sacrifice himself. He did this so he could launch the age of the Fifth sun, which is the era of the creation of mankind.

The gifts of the salamander are strength, agility, stamina, and durability. They make it very hard, if not impossible for one to destroy them.