



*How to  
Peacefully  
Change the World*

# How to Peacefully Change the World

**H**elp where you can

**O**pen your heart to those in need

**W**ant to be part of the solution

**T**ake the chance on getting involved

**O**bserve everything and everyone

**P**articipate only in good causes

**E**njoy being of service

**A**nchor in good deeds

**C**ommit to the journey of goodness

**E**nter into contract with yourself to create change

**F**ind the simplest solution

**U**nderstand the real problem

**L**isten to your heart

**L**ive for purpose

**Y**ield when it is appropriate

**C**are about how others might feel

**H**old the consciousness of better times to come

**A**lter the injustice, if even a little

**N**ever give up believing you are the change

**G**ive without thought of return

**E**mpathize with others misfortune, pain and sorrow

**T**hink wisely, strategizing intelligently

**H**arness your strength, boldness and courage

**E**nergize your goodness and goodwill

**W**ill yourself to be part of the bigger picture

**O**ptimize what you have at your disposal to create change

**R**espect differences

**L**ove whoever you can, whenever you can

**D**rop all judgements