



M.A.G.I.C.

When and How
it Happens

Glockner Mountain, Austria

Index

Introduction

Exercise 1: Moving Almighty Grace Into Chaos

Exercise 2: Moving Almighty Goodness Into Corruption

Exercise 3: Moving Almighty Gifts Into Challenges

Exercise 4: Moving Almighty Generosity Into Crisis

Exercise 5: Moving Almighty Gentleness Into Cruelty

Exercise 6: Moving Almighty Greatness Into Concepts

Exercise 7: Moving Almighty Guidance Into Courage

Exercise 8: Moving Almighty Goals Into Compassion

Exercise 9: Moving Almighty Grandeur Into Caring

Exercise 10: Moving Almighty Genius Into Creativity

Exercise 11: Moving Almighty Gratitude Into Conclusions

Exercise 12: Moving Almighty Glory Into Commonplace

Exercise 13: Closing Exercise

Introduction

When and How **M.A.G.I.C.** Happens

Definition of Almighty

Having complete power, invincible, colossal, sacred

What is magic? Where does it come from? How can we hold on to it during times of worry and difficulty? Magic does exist, we just have to believe in it. It comes from within us and above us. Common belief is that, as humans, we are limited but that is the farthest thing from the truth. We are indeed, unlimited, we just have to be open-minded and open-hearted. There are many stories about people who went through prison sentences, holocausts, poverty, sickness and war, yet incredibly they write about how there was also magic in these horrific times of their life. Not all that looks good is good and not all that appears bad is bad. In truth, we grow the most from facing challenges and solving problems. And sometimes, we become the most stifled from 'the good life'. We can all access magic, we can all make it happen, in everything we do, say or create. The universe has an intelligence that is always available to us – we just have to 'tune in' to that intelligence, because it also dwells within each one of us. When we decide to strikingly embrace the whole spectrum of our being, seen and unseen, the almighty energy field sleeping within, above and around us magically manifests. Each and every one of us is important in relationship to the bigger picture. However, if we do not honor that importance, it lies dormant and serves no purpose. This is not only an insult to ourselves, but it is an injury to our destiny, fate, and the world we live in.

Throughout history there have been prejudices and contradictions concerning magic. It is true, as with all powers, it can be used in a positive way or in a negative way. However, the magic we are addressing in this program is an integral power we all have which reveals and exposes itself through our choices and decisions. There are no magic wands, as we are the magic wand that makes it all happen. When integrated into our everyday existence in an active way, our life takes on a different scenery, that is beautiful, marvelous and beyond our wildest imagination.

When we are bold, magically mighty forces come to our aid.

Moving Almighty Grace Into Chaos

Because there is so much chaos in the world today, the wisest thing we can do is develop an inner strength of grace. Through this grace we ward off chaos and drama. We are centered in our patience, yet solid with our perseverance. We respond rather than react. We stay in stillness rather than pounce into action. We take the time to contemplate all of our options, knowing some will work and some will not. Grace is the higher intelligence of our human nature. It serves as a shield of positive energy that protects us from the onslaught of negativity.

Grace in the midst of chaos magically reevaluates and ultimately repairs.

Where have you responded gracefully in the midst of chaos, or plan to do so in the future?

Moving Almighty Goodness Into Corruption

Every time we do something from a place or intention of goodness, we balance the scales of all the incredulous wrongdoings. There are so many circumstances that we cannot control, therefore, it is smarter and wiser to empower what we can control. Our acts or words of goodness infuse the global energy field with a counter balance to deception and greed. Each act of goodwill has a momentum that can eventually, in time override evil. Many small waves of goodness by each individual can build into a tsunami of a heartfelt, global humanity.

Wanting to secure the good of others, magically secures our own.

What acts of goodness have you performed, or plan to perform in the future?
List what you perceive as an example of your goodness.

Moving Almighty Gifts Into Challenges

There is a gift in every challenge; we just have to find and access it. This is not an easy task, but it is a transformative one, because it leads us to the feeling of victory. We cannot escape problems in this world, so we might as well use them in a positive way. Whining or complaining are a waste of valuable time and drains our energy. We are here to learn and become better and stronger humans. These lessons, if realized become the gifts bestowed upon us that can last for eternity. In truth, each and every problem or challenge is a rung on the ladder to our own enlightenment and mastery.

When we acknowledge the gifts that are hidden in challenges, we magically feel victorious.

List the most difficult challenge or challenges you have experienced or are experiencing, and the gift or gifts it is either giving you or gave you.

Moving Almighty Generosity Into Crisis

There is so much injustice and imbalance in this world. The crisis one feels when there is not enough food, water or safety is heart wrenching. All forms of giving, no matter how small, makes the difference. We become the change we want to see, whether in ourselves, our family, our community or globally. Every act of generosity is a powerful seed for a new garden. Seeds are extremely tiny, but a garden cannot grow without them. Therefore, they are indeed the most important. So it is true to say that the tiniest of things can create the mightiest of things.

Being generous to another is magically the greatest gift we can give to ourselves.

List the acts of generosity you have performed or plan to perform in the future?

Moving Almighty Gentleness Into Cruelty

Because cruelty seems to be in fashion and accepted these days, we need new communication skills to circumvent it. Every act or word of gentleness has the ability to transform anger and cruelty. This, in itself, can possibly eradicate acts of violence. A wondrous life cannot endure during times of anger and/or vengeance. Gentleness and calmness are Siamese twins. They can ultimately help ourselves and others avoid calamity, confusion and catastrophe. Today, in the midst of the extreme human polarities, our gentleness is more important than ever before.

When being gentle with another's heart, magically we are being gentle with our own soul.

List the acts or words of gentleness you have performed under cruel situations, or plan to perform in the future.

Moving Almighty Greatness Into Concepts

Greatness has nothing to do with money or fame. It is an energy source that moves within and through each one of us. We are all great in some way or another. However, it is sad to say that most often, we do not believe or witness our own wonder. Now, more than ever, we are needed to focus on our greatness and put it into an idea for it to be manifested. Let us not leave it sleeping and snoring. It is time to awaken the giant within and move it into practical use. By acknowledging our greatness, we travel beyond any barriers that held us back.

When continually honoring our greatness, we magically always feel great.

List what is great about you. Then put an idea as to how you may share it with another and/or the world.

Moving Almighty Guidance Into Courage

We all have guides. They can be above us, within us, or even beside us. Our job is to listen to the guidance and move it into action with great courage. When we remove ourselves from people pleasing or the importance as to what another may think about us, we move into to a rhythm that is uniquely our own. We develop an inner knowing. We begin to understand that the only thing that can stop us is ourselves. Even though at times, one road will be blocked, we map out a new avenue, which will lead us to the promise that we promised ourselves.

Listening to our guidance magically move us from the boring to the bountiful.

List where you have felt or received guidance and had the courage to follow it. If you did not have the courage, list that as well and state how you will change that.

Moving Almighty Goals Into Compassion

Goals that are driven by our compassion on a smaller scale diffuse resentments, hatred, judgments, and despair. They are a statement of our empathy and sensitivity to others who are struggling or impoverished. Mother Teresa was quoted as saying that if we would all source our compassion, there would be no poverty. On the bigger scale, these goals manifest as the equalizer to inequality, unfairness or any impropriety, big or small. We become the voice for the unheard and the visual for the overlooked and unseen.

To feel another's pain magically begins a process for healing the whole world.

List where you have manifested goals driven by compassion and how it helped the person or situation, or where you plan to perform it.

Moving Almighty Grandeur Into Caring

Caring is daring to be sharing. This is grandeur in itself. Denial and self-indulgence have become a way of life that must be changed. In reality, people do not care how much we know until they know how much we care. Our grandeur does not lie in any kind of superiority; it defines itself through our heartfelt way of being and behaving. The narcissism and insensitivity in our world is shameful and each ounce of caring annihilates each pound of this shame. It is safe to say that every act of caring becomes a bright light that diminishes many forces of darkness.

The genuine grandeur of caring magically equalizes the disingenuous grandiosity that today is blaring.

List where you have put your grandeur into caring for another and how it helped the person or situation, or where you plan to perform it in the future.

Moving Almighty Genius Into Creativity

We are all geniuses in some way or form, because we were born with these genes and they are part of us. We have a tendency to think that being a genius is a gift of the very few and we are not part of those chosen few. Therefore, we end up not utilizing our full potential. Genius manifests as powerfully in little things as well as the larger things, like knowing how to clean well, or grow a garden well, or take care of an animal or child well. We all have a genie that is knocking at our door, we just have to get up, stand tall and unlock that important portal.

The genie in ourselves is magically connected to the genuineness in ourselves.

List where you acknowledge the genius in yourself and how you put that into creativity, or where you will perform that in the future.

Moving Almighty Gratitude Into Conclusions

Gratitude is the main ingredient to a happier and more content life. It railroads feelings of victimhood, lethargy, depression and even despair. When dealing with hurt and disappointment, remembering that there is always something to be grateful for, catapults us to a better frame of mind and a keener sense of emotional intelligence. We begin to focus on what we have, rather than what we lost. We see a victory within our defeats. Gratefulness leads us to better problem solving skills, which then leads us to smarter solutions and conclusions.

Gratitude is a virtue that magically awakens us to a masterful attitude.

List all the things in your life that you feel grateful for. List your challenges and how gratitude will help you through them with better ease.

Moving Almighty Glory Into Commonplace

Glory is the splendor of life, the radiance of living, and the honor of being. When we have the ability to hang on to the belief that glory exists in everything we do and say, our mundane world becomes majestic. Glory is a mighty chariot that carries hope where there is hopelessness, inspiration where there is despair, joy where there is sadness, peace of mind where there is anxiety and beauty in our commonplace life. Everything, even under dull and trying relationships or situations, then becomes alive and defines itself with brilliance and beauty.

The magnificence of glory magically transfigures a boring story.

Do you pay attention enough to the feeling and substance of glory? If not, why? If so, how do you make it happen in your life and how can you make it happen more?

Exercise 13

Closing Exercise

1. What do you feel you learned from this guide that you will incorporate into your life?

2. Which exercise did you like the best and why?

**Last, but certainly not least,
for those who believe in God**

Moving Almighty God Into Consciousness

This needs no explanation.

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