The Effect of Colors

Colors can often reflect the energy we wish to incorporate into our life. They can also be a reflection of our emotional or spiritual state, which inevitably affects our health. The vibration of colors creates an unspoken yet realized energy. Color is a language all of its own. When we are drawn to certain colors, we need to look at what we are saying to ourselves. No color is negative, as each one has its own meaning and empowerment. Colors can help us have more awareness of ourselves and those around is. They are powerful because they can set the tone, make a statement, get a reaction or create an energetic force field. Every color is distinctive, just as we are. Our unique and individualistic attributes partner with the colors we choose to bring into our space, so they can take on a different meaning for each person. Every color represents a personal value and energetic infusion.

Colors that more infuse the Physical

Red

passionate, manifestor, powerful, security, confident, ambitious, foundation

Grey

Yang energy, action oriented, powerful, assertive, mentally sharp, courageous

Brown

getting the job done, transformation, making it happen, grounded, making a point

Colors that more infuse the Emotional

Green

openhearted, compassionate, loving, encouraging, understanding, charitable, kind

Yellow

strong feelings, listener, sympathetic, responsible, nurturer, energetic, fun-loving

Pink

harmonious, authentic, soulful, gentleness, innocence, peacemaker, flowing, fluid

Colors that more infuse the Mental

Blue
guidance, communication, truth, dialogue, logical, concentrative, direct, clear

Orange
intelligent, creative, birthing new concepts, a doer, a mover, initiating, outspoken

Black
straightforward, strong, courage, decisive, glamor, respectful, dignified, vehement

Colors that more infuse the Spiritual

Purple
sacredness, divine thoughts, faith, leader, motivator, enthusiastic, high-minded

Gold
yin energy, rewards, riches, opportunistic, importance, nobility, regal, grace, royal

White
cosmic, purity, expanded viewpoint, open-minded, divine, high, all encompassing

Off shoots of each Color

Red – cranberry, mulberry, garnet, magenta, sienna
Blue – light, sky, periwinkle, ocean, navy, cobalt, indigo
Green – emerald, forest, hunters, lime, olive, moss, teal
Yellow – mustard, pale, bright, golden
Orange – camel, apricot, salmon, clay
Brown – bronze, beige, dark tan, desert
Grey – silver, pewter, taupe, charcoal
Purple – lavender, violet, dark orchid, grape
Pink – bright, pastel, shocking
Gold – bronze, flat, rose gold
White – ivory, pearl
Black – has no off shoot

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