

Making Everyday a Day of Kindness



Make Sure To...

say something nice to at least one person each day.

pick up trash that someone else left behind.

say please when asking for something.

be sensitive when someone is hurting.

willingly apologize when we have hurt someone...and mean it

be aware of the trees and plants

look up at the moon and stars.

keep our things tidy and clean.

make our room or space really special.

be kind and caring to animals.

share our things without hesitation.

work hard in school, even if it is boring or not easy.

listen when others are speaking.

talk respectfully.

be interested in others feelings or thoughts.

say thank you when someone gives us something or is kind to you.

let someone go ahead of us in line.

compliment others as much as possible.

embrace someone new at school.

be grateful for all we have.

always be kind to ourselves.

