Empowering Our Higher Self

At all times, false pride results in decrease, true humility results in increase.

Yearn to learn.

Persevere in balancing the scales of injustice.

Never, never let guilt harbor within – just correct mistakes as quickly as possible.

Be thorough before taking action.

Know that love is a verb, not a noun.

See honesty and trustworthiness as the main goal in life.

Do not promise lightly.

Do not give up in the pursuit of personal actualization.

Focus on what is deep – abandon what is shallow.

When giving, do not expect anything in return.

Do not ignore unseen messages.

Each of us is crucially important to the master plan.

Do not yearn to be popular.

Know when to stand firm and when to walk away.

Educate others by setting the right example.

Try to see the unseen and hear the unspoken.

- Guard against negative thought forms that lead to losing self-respect.
- We are each here for a reason quest that reason.
- It is not important that we fall it only matters how we get up.
- Failure is the most important seed to success.
- Mistakes are simply opportunities towards enlightenment.
- Know that social media can be very dangerous to our well-being.
- We will have many problems in a day, but if not healthy we only have one, so we must take good care of ourselves.