

Homepage Mountains

MOUNT PICO – PORTUGAL

Mount Pico, **7,713 feet high**, is the highest mountain in Portugal. It is located on Pico Islands in the Azores. It is a volcano but is now dormant. The last time it erupted was December 1720.

MONT BLANC – FRANCE

Mont Blanc, **15,777 feet high**, is the highest mountain in Western Europe and literally means “white mountain”. It is considered the eleventh most prominent summit in the world. It is located in the French Alps and straddles Italy.

MOUNT ACONCAGUA – ARGENTINA

Mount Aconcagua, **22,837 feet high**, is the highest mountain in the Southern Hemisphere. It is located in the Principal Cordillera in Mendoza Province. It is believed that this mountain does not want anyone climbing it.

CRADLE MOUNTAIN – AUSTRALIA

Cradle Mountain, **5,069 feet high**, is the sixth-highest mountain in Tasmania. It is located in the central highlands region and is considered one with nature, wilderness and all things pristine, including incredible wildlife.

TAVAN BOGD MOUNTAIN, MONGOLIA

Tavan Bogd Mountain, **14,350 feet high** is the highest mountain in Mongolia. It borders China and Russia. Its highest peak, the Khuiten Peak is the highest point in Mongolia. It is part of Altai National Park, which is home to over 7000 lakes.

MOUNT ELBRUS – RUSSIA

Mount Elbrus, **18,510 feet high**, is considered the highest peak in Russia and Europe. It is located in the western part of the Caucasus. It is a dormant and last erupted in 50 A.D. and was formed more than 2.5 million years ago.

PICO BOLIVAR - VENEZUELA

Pico Bolivar, **16,332 feet high**, is the highest mountain in Venezuela. It is permanently covered in snow and has three glaciers. It has the longest and highest cable car which runs all year round.

MOUNT TRIGLAV- SLOVENIA

Mount Triglav, **9,396 feet high**, is the highest peak in the Julian Alps in Slovenia. It is located in the center of Triglav National Park. The mountain is the pre-eminent symbol of the Slovene nation.

MOUNT KORAB - ALBANIA

Mount Korab, **9,030 feet high**, is the tallest mountain in Albania. Mount Korab is important because Albania is the birthplace of Mother Teresa, and is known for its medieval castles.

MOUNT HEKLA – ICELAND

Mount Hekla, **4,882 feet high**, is one of Iceland's most active volcanoes. It is located in Southern Iceland. It has erupted twenty times since 874 A.D. and resembles an overturned boat. It last erupted February 26, 2000.

MOUNT KINABALU – MALAYSIA

Mount Kinabalu, **13,435 feet high**, is the highest mountain in Malaysia. It is located in Ranau district, in the West Coast Division of Sabah. It is considered the third-highest peak on an island on Earth.

MOUNT DJEBEL CHAMBI - TUNISIA

Mount Djebel Chambi, **5,065 feet high**, is the tallest mountain in Tunisia. Mount Djebel Chambi, as part of Tunisia is considered important because Tunisia itself is proof of ancient Roman history.

MOUNT ZUGSPITZE – GERMANY

Mount Zugspitze, **9,718 feet high**, is the highest mountain in Germany. It is located at the Austria-Germany border, in the Bavarian Alps. It is home to three glaciers and it has Germany's highest ski resort.

Emotional Intelligence Mountains

MOUNT HKAKABO RAZI – MYANMAR

Mount Hkakabo Razi, **19,295 feet high**, is the highest mountain in Myanmar, the highest snow-capped mountain in Southeast Asia. It is home to the black orchid and is an excellent center for field study for students. Only one person has climbed this mountain.

MOUNT SHASTA, UNITED STATES

Mount Shasta, **14,179 feet high**, is the second-highest peak in the Cascades. The mountain consists of four overlapping dormant volcanic cones that have built a complex shape. It has attracted the attention of poets, authors, and presidents.

MOUNT HERMON - ISRAEL & SYRIA

Mount Hermon, **9,232 feet high**, is Israel's only winter resort and the highest point in Syria. It is located in the Golan Heights. Israelis call it "the eyes of the nation" and it is also referred to as the "gray-haired mountain" as it is considered holy.

LA DOLE MOUNTAIN – SWITZERLAND

La Dole Mountain, **5,602 feet high**, is overlooking Lake Geneva. It is the second highest peak in the Swiss portion of the Jura. It is known and popular for its hiking and skiing. The view from La Dole is considered breathtaking.

MOUNT KILIMANJARO – TANZANIA

Mount Kilimanjaro, **19,341 feet high**, is the highest mountain in Africa and the highest single free-standing mountain in the world. It has three volcanic cones and the highest cone, Kibo, is dormant but could erupt again.

MOUNT MAYON – PHILIPPINES

Mount Mayon, **8,081 feet high**, is an active volcano. It is located in the province of Albay, on the island of Luzon. It is known for its steep-sloped cone. It is a highly active volcano with a recorded historical eruptions dating back to 1616.

MILFORD SOUND - NEW ZEALAND

Milford Sound is a fjord in the southwest of New Zealand's South Island. It is so unique because the mountain below the water line are as deep as they are high above the water line. They are known to be 114 million years old. It has many fabulous water falls and is home to dolphins, penguins and seals. Occasionally you will see a whale pop up. It is by far one of the most beautiful places in the world.

MOUNT EVEREST – NEPAL

Mount Everest, **29,035 feet high**, is the highest mountain on Earth. It is located in the Himalayan Alps. It attracts many climbers, and unfortunately takes many lives. In 1924, sadly, the first men to attempt the climb, never returned.

MONTSERRAT – SPAIN

Montserrat, **4,055 feet high**, is known to be a sacred mountain. It is located outside of Barcelona and it houses a Benedictine Monastery. In 1947, the carving of the Black Madonna was brought there and has become very popular.

MOUNT OLYMPUS - GREECE

Mount Olympus, **9,750 feet high**, is the highest mountain in Greece. It is part of the Olympus massif near the Thermaic Gulf of the Aegean Sea and has 52 peaks and deep gorges.

LATEMAR MOUNTAIN – ITALY

Latemar Mountain, **9,324 feet high**, is in the Dolomite Mountain range. It is located on the border of South Tyrol and Trentino. It is best known for its view from the Karersee Lake and the spectacular beauty is truly something to behold.

Life Skill Mountains

MOUNT KOVDDOSKAISI - FINLAND

Mount Kovddoskaisi is the fourth highest mountain in Finland. It is **4,075 feet high**. Its summit is very hard to reach for its location is between two valley lakes and is relatively steep. However, the views are spectacular.

GLASTONBURY TOR – ENGLAND

Glastonbury Tor, **518 feet high**, is topped by the roofless Tower of St. Michael. It is located in the county of Somerset. For centuries many believe that King Arthur was buried there after his death. Then it became occupied by the Romans.

K2 – PAKISTAN - CHINA

K2, **28,251 feet high**, is the second highest mountain on Earth. It lies in the Karakoram range, so it is partly administered by China and partly by Pakistan. It is considered the coldest mountain, with winds at 124 mph and goes to -76° F.

MOUNT KAILASH – TIBET

Mount Kailash, **22,028 feet high**, is in the western part of the Tibetan Plateau. It is sacred to Buddhism, Hinduism, Jainism and the Shamanic Religion. As a result of being considered so very holy, no one has ever climbed it.

MOUNT FUJI – JAPAN

Mount Fuji, **12,388 feet high**, is an active volcano. It is located near Tokyo and has long been one of Japan's famous iconic spiritual and cultural symbols. Over time, the peak has evolved from an object of worship to a source of artistic inspiration.

TABLE MOUNTAIN – SOUTH AFRICA

Table Mountain, **3,558 feet high**, is the most iconic landmark of South Africa. It is located just outside Cape Town. It is renowned for its rich floral biodiversity, being home to an amazing 8,200 plant species.

MOUNT GANGKAR PUENSUM – BHUTAN

Mount Gangkar Puensum, **24,836 feet high**, is the highest mountain in Bhutan. Its name means “White Peak of Three Spiritual Brothers”. It is located on the border of Bhutan and China. It is currently the most unclimbed mountain in the world.

CORCOVADO MOUNTAIN – CHILE

Corcovado Mountain, **7,546 feet high**, is a volcano. It last erupted in 4920 B.C., yet is flanked with cinder cones created from that eruption. It is located in the Palena Province in Patagonia. Only two climbs have ever been reported since 1945.

MOUNT KANGCHENJUNGA – INDIA

Mount Kangchenjunga, **28,169 feet high**, is the third highest mountain in the world. It is located in the Himalayas in northeastern India. It is off limits to climbers and it is home to half of India’s bird diversity, trees and orchids.

GALHOPIGGEN MOUNTAIN – NORWAY

Galphopiggen Mountain, **8,100 feet high**, is the highest mountain in Norway and in fact all of Scandinavia in. It is located in Inlandet County. Its name translated means steep and big and every Norwegian is proudly familiar with its grandeur.

MOUNT DAMAVAND - IRAN

Mount Damavand, **15,312 feet high**, is the highest peak in Iran and the highest volcano in Asia. Damavand has a special place in Persian mythology, because it means ‘the mountain of many faces.’ It is also the second highest volcano in the Eastern Hemisphere.