













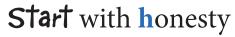




Recipe for a Delicious Person





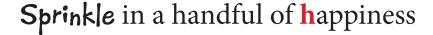


Mix in humbleness



Allow it to rise with humor

Fold in a huge amount of **h**umility





Whip at medium speed with helpfulness

Pour in heartfelt feelings





Dribble over the top with high-mindedness

Butter pan with hard work



Serve with honor.





Yields one fabulous human being.







