

Empowerment Cards

Instructions

These cards are verbs and actions that can help you to feel more empowered and secured.

Suggestion:

Pick one card in the morning and work to follow the message and instructions throughout your day. We hope you find courage when feeling discouraged and power when feeling powerless.

Accepting Ourselves and Others

This card represents safety. Trust, understanding and responsibility are at play here. In truth, everyone, including ourselves, wants to feel accepted and avoid being rejected. Listening and not judging, not only to others, but to ourselves are the two most important steps to thinking in an a fresh and more generous way. Then fear, shame and isolation become transformed into courage, honor and fulfillment.

Avoiding Enticements

This card represents challenges. Study knowledge as opposed to theory or thought forms. Renunciate the irrelevant and look for a clearer and deeper meaning to events, people and things. Do not fall prey to confusion, rage or emotional drama. Follow the path towards illumination and help others to do so as well. Empowerment is the rendering up of that of little value in exchange for that of much greater value.

Committing To Mindfulness

This card represents a phase of concerted effort towards the achievements of objectives. Preparation and training need to be put to the test. Do not submit to the demands and impositions of others. Back out of what seems out of line. Meet the tests with certainty, and do not compromise. Be concerned, and consider all alternatives. Remember, commitment is what yeast is to bread, nothing can rise without it.

Confronting Challenges

This card represents overcoming any kind of difficulty. It is a period of encountering uncomfortable opposition. The need for quick thinking, using every relevant piece of knowledge. Time for strategic and specific timing in order to win over opposing forces. Do not panic and use all the resources available. Find support from others wherever and whenever possible. Team means **T**ogether **E**veryone **A**ccommodates **M**any.

Examining Needs to Self

This card represents a time for exploration. The need and ambition to go beyond previous levels of experience, for there is a dissatisfaction with what one has previously been comfortable with. The time for adventure, fulfilling our destiny and fate. No time for wanting to keep things as they are. Apathy and boredom are not part of our consciousness or mindset, as they do not fit in to our keen sense of yearning, self-fulfillment and empowerment.

Experiencing Guiltlessness

This card represents cleansing and clearing. Look at all experiences that give rise to feelings of guilt and therefore leave us withholding our highest selves. Take stock of all the times decisions were made that we knew were not right. Face feelings of remorse as a way to unburden ourselves. We then can move on in a more positive and trustworthy way. This leads to a certainty, and this certainty becomes our strength and empowerment.

Exploring The Unknown

This card represents a quantum leap in consciousness. Though evolution is thought of as happening gradually, in fact, it often occurs with sudden accelerations. The welcomed intrusion of a new life, bringing ideas and perspective from uncharted waters. The breaking down of what we had previously thought was a fixed state of our life. Yield, be open and allow for the wonder of wonders to enter our playing field.

Feeling Peace of Mind

This card represents harmony and serenity. A breath of fresh air, a condition of mutual respect, dynamic balance and interaction. Positive conditions for attainment of objectives and goals. Protection from harmful influences, and a feeling of independence, ultimately births more freedom of choice, which then leads to a more empowered and productive state of existence.

Going Forward

This card represents a symbol of freedom which comes about through the value of fast action. Take the initiative and be prepared to bypass normal ways of doing things. Communicate important messages in order to avoid misunderstandings. Take the lead and be dedicated to the mission at hand, not allowing anything to stand in the way. Be ready to fly into a new horizons, keeping life void of evil intent.

Guiding Ourselves and Others

This card represents being the role of a guide with deep wisdom and understands the innermost thoughts of others. When being a counselor or friend to confide in, be humble and honest. One who yearns to be a good guide must be pure of thought, with no attachment. A constant pursuit of knowledge, wisdom and data is needed in order to avoid any manipulation or deception.

Inhabiting The World Differently

This card represents personal freedom, which we need to be valued beyond all else. Our individuality is of vast importance and comfort to our being and soul. As shape-changers, we are able to fulfill different roles and become very comfortable with each one. We don't see ourselves as part of the masses, and our rules and experiences are very different from the world at large.

Integrating The Mystical Kingdom

This card represents the fulfillment of our dreams and ambitions in a safe and secure way. Success is in the air, as is the feeling of loving life. There are no false ideals, or feelings of dissatisfaction. We develop a greater and wiser sense of moderation. There is no confusion about our real priorities and where and what they are. This is as close to an ideal state as one can get. Heaven and Earth have finally united and unified.

Knowing

When and How to Advance

This card represents the smart nature of being human. There is a need now to avoid confrontation, consider compromise and focus on using our own resourcefulness. This takes fortitude, stoicism and a fine sense of humor. When facing fierce hostility, we know not to bite off more than we can chew. Because of this strategy, we develop a sense of acceptance, patience and keen intelligence.

Linking To The Universal Mind

This card represents a ‘knowing’ subconscious mind that is activated from the Ultimate Source. We connect to a psychic internet, a vast network to which we are individually and collectively intertwined. Working with this expanded knowledge, we eliminate illusions and our unknowing conscious identity. We are then able to infuse an unlimited outlook into our day-to-day life.

Mastering Positive Energies

This card represents great understanding, inspiration and insight. There is a need for an association with those on our own wavelength. A download of higher energies are being brought into our lives. This will fulfill our life's purpose and renew that which has proven positive in our past. Truth will set us free. No matter our age, we must do away with superficiality in order to embrace our role as caretakers of the planet.

Overcoming Darkness

This card represents digging beneath the surface. An intermediary stage of darkness and difficulty. This ultimately calls upon our courage and fortitude. We need to depend more on our intuition and intelligence. Questioning, looking for signs and spiritual perspective are imperative. We then accept that our adversaries and false friends can be our foremost teachers, and every obstacle can bring with it an opportunity.

Questing Hidden Knowledge

This card represents hidden knowledge that is always looking for someone to share with. It carries the divine way of bestowing “knowing” to mortal humans. However, receiving this knowledge takes discipline, certainty and removal of attachment. Sacred information, if it is to maintain its intention, is extremely powerful and must be utilized with grace, respect, no ego or manipulation and patience.

Readying Oneself

This card represents discipline, attention to detail and getting back to our original oaths. Our individual shortcomings and lack of preparation need to be focused on. The greater picture needs to be addressed and fortified. Indefinable concerns, willingness to face fears, self-questioning, problem studying, and attention to detail will serve the highest good in the best and most powerful way possible.

Radiating Light

This card represents conducting elements that connect “all that is above to what we can achieve below.” Light mandate is to eliminate imbalance and injustice. This involves honesty, directness, intention, inspiration, activation and only being connected to higher-sourced people. Vision and imagination are also required, as they channel powerful, positive energies from on-high.

Resting Time

This card represents a journey for our soul and the end of an important cycle. A time to stop, rest and take account of all that has happened. Absorb the experiences and draw important lessons necessary to leap forward. A time to withdraw and reflect in order to recharge our batteries. Study the balance of forces that were against or for us. This time of reflection is imperative for our health, well-being and empowerment.

Re-Evaluating Safety

This card represents deep contemplation. A period of traveling through darkness and knowing what potential dangers lie ahead. The need to remain focused on one's objectives, avoiding distractions or making hasty moves. Watching out for destructive entrapments by following traditional methods that have been learned from experience. Due diligence and following proven guidelines are a necessity now.

Solving Problems

This card represents deep heaviness that needs to be analyzed. Burdens from the past bring negativity. However, they can also bring enlightenment. Powerful initiation into the truth gives us the opportunity to rebuild on a more solid foundation. Seeing the inherent weaknesses of previous ways of working must be eliminated. It is time for self-inspection, self-accountability, and self-responsibility.

Studying All the Variables

This card represents when to listen and take orders. It is not a time for overconfidence when responding to challenges or difficulties. There is little wisdom in not knowing how to protect ourselves, and the consequences can be great and defeating. Diligence and studying the odds is imperative at this time. Knowing the challenges, and finding a good leader to follow is what is being called for now.

Tapping Into Higher Spheres

This card represents the first stage of the Quest. This stage brings about hope for a successful outcome. It is the ability to go higher and place faith in the universe to bring forth the needed blessings. This also opens a period of regeneration. We are then able to revitalize our open-heartedness, open-mindedness and open-handedness. We are all part of the bigger puzzle and each of us is of vast importance.

Taking Down Barriers

This card represents a place of love and heart. There is a sense of everything positive growing in new myriad forms. A period of opportunity to achieve a new sense of personal integration and acceptance. Becoming free from external disturbances, so barriers can be taken down. Empowerment comes from this positivity, and we develop a deep sense of acceptance, basking in the warmth of this timeframe.

Transcending Limitations

This card represents good fortune, imparting gifts to our strong abilities. Unseen forces have been working on our behalf, and they have come into realization. A turning point for ourselves, dedicating our lives to something significant is opening up. Help will be given from unexpected quarters. This enables us to have a direct and positive influence in our personal life and on our world.

Uniting With Like-Minded Others

This card represents being uniquely united. However, there must be a major demarcation between the safe areas in our life from the dangerous areas that exist in our life. Pull together in a unified, collective manner, pooling resources in order to overcome external dangers and violence. A more serious level of commitment by all players to peaceful means is unquestionably required.

Unleashing Magical Forces

This card represents the opening of an alternative dimension into our reality. The distinguishment between that which is relevant and that which is not. Rapid movement through obstacles. One follows the elemental life of nature, which existed before the advent of humanity, and which shall exist long afterwards. Through this out of the box energy field, potential and plans can be fully and delightfully realized.

Valuing Traditions

This card represents family, community and stability. Now is the time to develop the foundation of our life. Common sense, sense of responsibility and a down-to-earth sense of being is what is called for. The value of home, hearth and family (blood or otherwise) is to be honored, cherished, protected and secured. They are the rock upon which we will grow and feel fulfilled.

Withdrawing From Chaos

This card represents a time and place of refuge, replenishing and redefining. Consider all options and go over disastrous decisions that need to be redone. Use the fortress analogy for a quiet time to study and learn, not for hiding or imprisonment. Great defense comes not from hoping for the best – but from being or becoming the best! Many times, this requires silence and quiet.

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