

# Empowering the Good Life

Thinking you are what you have is a misconception that affects all of mankind.

In this world we live in, what seems to divide us is the concept of the “haves” and the “have nots”. However, truly living a good life has nothing to do with anything material. It is what resides within our own nature that stimulates a feeling of heavenly existence. The true sense of living good is something that will be everlasting instead of momentary.

Please take note that the things on the list cost nothing but are worth a tremendous amount. If we are ever to know serenity and peace of mind, we must change our value system. We need to replace competition with cooperation, greed with generosity and ignorance with wisdom. If each one of us sets an intention for our own transformation, we will be taking one giant step for all mankind.

## Living good is having

knowledge of the truth.  
a courageous outlook.  
a compassionate heart.  
time in nature.  
love for our work.  
trust in the future.  
acceptance of what is.  
noble beliefs.  
a surety of purpose.  
self-respect.  
respect for another.  
having self-love.  
love for another.  
emotional intelligence.  
the gift of problem solving.  
a joyful outlook.  
a creative spirit.  
beauty in our surroundings.  
health.  
a feeling of freedom.  
kindness towards others.  
the feeling of forgiveness.  
an attitude of gratitude.  
hope.  
faith.